

REBOS NEWSLETTER – OCTOBER 2026



Years ago, when I was still actively partaking of adult beverages, October meant wild Halloween parties and complaining about raking a lot of leaves. These days, I enjoy the harvest of a summer garden that I struggled to grow, eating fresh pumpkin pie, and watching college football.

October is symbolic of transition and transformation (seasonal), abundance, and gratitude, (harvest) and reflection (winters coming).

STEP TEN - “Continued to take personal inventory and when we were wrong, promptly admitted it.”

I like the idea of Step Ten as a course correction. It doesn't have to be monumental. Most of us just need to notice that we're drifting a few degrees off

course - maybe we snapped at someone, held onto a resentment, or decided we were absolutely right before bothering to check the facts. Feelings are real, but they are not always reliable.

Step Ten is about balance – acknowledging our mistakes and our progress. It offers us a chance to ask ourselves: What went well today? Where did I get off track? Is there something I need to make right? And just as important - did I handle something today better than I would have a year ago?

Autumn reminds us that like the leaves that fall every year, letting go is part of growth. We're asked to do something similar in Step Ten – notice what needs attention, clean it up, appreciate the progress, and keep moving.

UPCOMING EVENTS

● BINGO & AUCTION FUNDRAISER

Saturday, October 24th – 12–4pm

REBOS MEETING HALL

Door prizes • Food • 50/50

● HALLOWEEN PARTY – SPONSORED BY BIG BOOK

REBOS MEETING HALL – October 30th – 7pm

Snacks • Costumes • Prizes

